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WHAT IS CLAIMED IS:

1. A plasma treatment method of treating the surface of a treatment target substrate by utilizing glow discharge produced by supplying high-frequency power into an inside-evacuated reactor through a high-frequency power supply means, wherein;

a plurality of impedance regulation means for regulating impedances on the side of the reactor and on the side of the high-frequency power supply means are provided correspondingly to the impedances of a plurality of reactors, and the high-frequency power is supplied into the reactors via the impedance regulation means corresponding to the reactors.

- The plasma treatment method according to claim
 wherein the impedance is regulated by electrostatic
 capacitance.
- The plasma treatment method according to claim
 1, wherein the impedance is regulated by inductance coefficient.
 - 4. The plasma treatment method according to claim

 1, wherein the high-frequency power supply means and
 each of the reactors are provided separably, and, while
 the plasma treatment is made in respect of a first
 reactor to which the high-frequency power supply means

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has been connected, a second reactor having impedance different from the first reactor is made ready for the next plasma treatment.

5. A plasma treatment apparatus comprising:

a plurality of reactors each having an evacuatable inside where at least one treatment target substrate is set in, and having impedances different from each other;

a high-frequency power supply means for supplying high-frequency power into each reactor having been inside-evacuated, to cause glow discharge to take place in the reactor; and

a plurality of impedance regulation means provided correspondingly to the impedances of the reactors in order to regulate impedances on the side of each reactor and on the side of the high-frequency power supply means.

6. The plasma treatment apparatus according to claim 5, wherein the high-frequency power supply means has an attachment part to which any one of the plurality of impedance regulation means is detachably mountable, and any one of the plurality of impedance regulation means is attached to the attachment part correspondingly to the impedances of the reactors.

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- 7. The plasma treatment apparatus according to claim 5, wherein the impedance regulation means is so provided in the high-frequency power supply means as to be able to be selected correspondingly to the impedances of the reactors.
- 8. The plasma treatment apparatus according to claim 7, wherein the high-frequency power supply means has a switch for selecting the impedance regulation means.
 - 9. The plasma treatment apparatus according to claim 5, wherein each of the reactors and the high-frequency power supply means are provided separably.
 - 10. The plasma treatment apparatus according to claim 5, wherein each of the reactors and the high-frequency power supply means are provided separably and the reactors each have the impedance regulation means.
- 11. The plasma treatment apparatus according to claim 9, which further comprises a moving means for moving the reactors.